

NOTICE FOR ALL PATIENTS ABOUT INJECTIONS FOR DIABETES OR WEIGHT LOSS

If you are taking a GLP-1 agonist for diabetes management or for weight loss, you will need to hold the medication prior to a procedure with any of our physicians.

There are reports that patients who do not stop these medications may be at an increased risk of aspiration. The American Society of Anesthesiologists is recommending the following:

Day or week prior to the procedure:

- Hold GLP-1 agonists on the day of the procedure/surgery for patients who take the medication daily.
- Hold GLP-1 agonists a week prior to the procedure/surgery for patients who take the medication weekly.

Examples of GLP-1 agonists include: Trulicity (dulaglutide), Ozempic (semaglutide), Mounjaro (tirzepatide), Victoza (liraglutide), Saxenda (liraglutide), Wegovy/Rybelsus (semaglutide), Adlyxin (lixisenatide), Byetta (exenatide), and Bydureon (exenatide ER)

Failure to hold the GLP-1 agonist as required above may lead to cancellation of your procedure. If you have questions specific to holding these medications, please contact Winchester Anesthesiologists, Inc. at 540-662-8336.